

REPORT ON WORLD HEALTH DAY- 2021

(Grade 3-5)



DATE : 7-4-2021

THEME : "Building a fairer and healthier world"

TITLE : WORLD HEALTH DAY CLASSROOM ACTIVITY

April 7 of each year marks the celebration of World Health Day. The theme for World Health Day 2021 is "*Building a fairer, healthier world*". Stating that our world is unequal, WHO said that the COVID-19 pandemic has highlighted how some people can have better access to health services and live healthier lives than others. We as teachers need to review the importance of living a healthy lifestyle and inculcate those values in our students.

We, at New Indian Model School Dubai conducted various activities in the class room on the same day such as making posters, preparing healthy dishes and talk about its nutritional facts, making short films/animation on the theme. Besides, kids were taught about the healthy habits to follow and how to stay fit by taking a balanced diet. All the activities were carried out in a planned manner and proved to be a great platform for kids to learn how to live healthy.



“Let’s Build a fairer, healthier world for everyone”

Prepare a Healthy dish and write its nutritional facts



FRUIT SALAD
Serving for-1
Ingredients :
Apple-1/2
Banana-1/2
Pear-1/2
Mango-1/2
Custard-3tbs

PREPERATION: Cut all fruits in to tiny cubes,mix all the ingredients well,serve it in a salad bowl and enjoy the yummy fruit salad.
Prepared by:MARZUQ 3A NIMS



RECEIPE

INGREDIENTS
Lemon juice - 4
teaspoon
Sugar syrup - 6 spoon
Kaskas-1spoon
Water-1cup
Chilly - 1
Coriander leaf
Ice cube

NUTRITION FACT
- Lemonade juice is full of minerals and vitamins, especially vitamins C
- It helps strengthen immune system and also helps digestion and minerals absorption



4,2.Butter (6 table spoon),3.Salt to taste,4.peper ,5.milk-(1 cup)

NUTRIONAL FACTS

- Potatoes are good source of many vitamins and minerals , such as potassium and vitamin C.
- Milk have calcium.it help build strong bones and strong teeth



Protecting health from climate changing - Poster making



WORLD HEALTH DAY
7TH APRIL 2021

COVID-19 has shown us that no one is safe until everyone is safe

hello world!

It's time to build a fairer healthier world for everyone everywhere



APRIL 7TH
WORLD HEALTH DAY

ASHAZALI SYED
GRADE-3-H
APRIL 7TH 2021



7th April, #WORLDHEALTHDAY, Eat healthy stay healthy 🍏



Nazia 3M
Happy World Health Day



World Health Days

Health is Wealth
Eat healthy,
Exercise regularly,
Prevention is better than cure.

Happy World Health Days.

Nazia 3M.

Short Film / Animations

5H AYSHA LANA-ANIMATION

<https://drive.google.com/file/d/1GExboTDGoIf7PKUdPkk5YVmTezuVOQ5/view?usp=sharing>



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Almost all the children submitted their work. They showed good interest in doing the activity. The activities really helped the students to create an awareness about the importance of healthy habits in our daily life.

Thank You

